# Full Day Workshop

# The Body as a Voice: Non-suicidal Self-Injury in the School

propsych

Presenter: Dr Madeline Wishart

Virtual: 27th July 2021

Melbourne: 17th August 2021 Brisbane: 19th October 2021



With a prevalence rate of about 8.1% over individuals over the age of 10 years, NSSI is a vital issue for schools. NSSI is highly confronting and distressing to family, friends, and educators. The behaviour or its consequences results in significant personal costs, such as permanent physical scarring, significant distress, interference with interpersonal relationships, and school.

## An Essential PD Workshop for all educators and wellbeing staff

This full day workshop will focus on practical information and skills to manage nonsuicidal self-injury (NSSI) that can be assimilated directly back into your school environment. Madeline's workshop provides a comprehensive profile of NSSI, identification of young people who may be at greater risk, practical and effective harm minimisation and strategies that can be employed to help decrease self-injurious behaviours. The session will end with ways to minimise the potential contagion effects of NSSI within your school.

## propsych.com.au

## Dr Madeline Wishart

Dr Madeline Wishart is an outstanding speaker. With an academic background and vast experience in working with young people engaging in NSSI, including years as a school counsellor, Madeline provides extensive knowledge and a highly practical workshop - much of which you will be able to directly and



Target Audience: Teachers, Year Level Coordinators, Heads of School, School Counsellors, Psychologists, School Leaders and other Personnel working with students who engage in non-suicidal self injury.

#### **REGISTRATION FEES**

#### Virtual Workshop\*

Early Bird: \$297 inc GST (15 days prior) Standard: \$352 inc GST (within 15 days of w/shop)

\* Please note that the virtual workshop is an online full day event. It will not be recorded

### Face to Face Workshops

Early Bird: \$352 inc GST (15 days prior) Standard: \$407 inc GST (within 15 days of w/shop)



**Full Details & Online Registration** 

https://propsych.com.au/workshops/body-as-voice/