Full Day Workshop

The Body as a Voice: Non-suicidal Self-Injury in the School

Presenter: Dr Madeline Wishart



## Melbourne: 17th March 2022 Brisbane: 28th July 2022

Sydney: 30th March 2022 Virtual: 3rd August 2022



With a prevalence rate of about 8.1% over individuals over the age of 10 years, NSSI is a vital issue for schools. NSSI is highly confronting and distressing to family, friends, and educators. The behaviour or its consequences results in significant personal costs, such as permanent physical scarring, significant distress, interference with interpersonal relationships, and school.

#### An Essential PD Workshop for all educators and wellbeing staff

This full day workshop will focus on practical information and skills to manage nonsuicidal self-injury (NSSI) that can be assimilated directly back into your school environment. Madeline's workshop provides a comprehensive profile of NSSI, identification of young people who may be at greater risk, practical and effective harm minimisation and strategies that can be employed to help decrease self-injurious behaviours. The session will end with ways to minimise the potential contagion effects of NSSI within your school.

## propsych.com.au

## **Dr Madeline Wishart**

Dr Madeline Wishart is an outstanding speaker. With an academic background and vast experience in working with young people engaging in NSSI, including years as a school counsellor, Madeline provides extensive knowledge and a highly practical workshop - much of which you will be able to directly and immediately incorporate into your own schools.

# REGISTRATION FEES Virtual Workshop\*

Early Bird: \$297 inc GST (15 days prior) Standard: \$352 inc GST (within 15 days of w/shop) \* Please note that the virtual workshop is an online full day event. It will not be recorded Face to Face Workshops

Early Bird: \$352 inc GST (15 days prior) Standard: \$407 inc GST (within 15 days of w/shop)



**Target Audience:** Teachers, Year Level Coordinators, Heads of School, School Counsellors, Psychologists, School Leaders and other Personnel working with students who engage in non-suicidal self injury.

#### **Full Details & Online Registration**

https://propsych.com.au/workshops/body-as-voice/